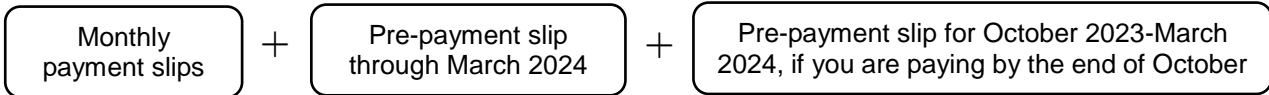


## To the person who did the procedure of joining national pension

We will proceed with the content of the report at the pension office after processing at the Setagaya City Hall, and about 1 to 2 months later, a payment notice after the acquisition month of the national pension qualification will be sent to you from Japan Pension Service.

Once you receive a payment notice, please pay at any nearby financial institution (bank/post office, etc.) or convenience store. You can also pay by Internet banking (Pay-easy), by smartphone app., etc. Please pay by the deadline. If you want to pay by account transfer/ credit card, please contact the Setagaya pension office.

The payment notice envelope includes the following:



### The monthly contribution amount for the fiscal year 2023 (April 2023–March 2024)

- Flat-rate contribution                      ¥16,520 (fiscal year 2021    ¥16,610)
- Contribution with Additional Pension    ¥16,920 (fiscal year 2022    ¥16,590)

- \* Payment due is normally the last day of following month, but the contribution amount and the additional contribution amount are payable within the 2 years (within the validity date) after the payment due.
- \* For premiums for prior years, the payment notice will be delivered with the sum amount.
- \* If you pay the contribution amount in advance, it will be discounted. See reverse side.

### About Additional Pension Plan

\* Individuals currently enrolled in the National Pension Fund are excluded.  
 \* Limits on iDeCo premiums payments may be impacted. For details, inquire with the financial institution at which you applied.

- \* For the person who is paying additional contribution (¥400 per month), the amount of (¥200) × (number of months paid) will be added to the annual amount.  
 (Example) Paid amount    ¥400 × 100 month = ¥40,000  
    Additional benefit    ¥200 × 100 months = ¥20,000 will be added to your annual amount
- \* If you apply for the additional contribution, payment slips of the additional contribution (included) after the applied month will be sent.
- \* It cannot be applied to the payment for past Additional Payment Plan contributions.
- \* If you have filled out paperwork to withdraw from supplemental insurance, you may switch to a regular insurance premium the month after you filled out the paperwork. Note that if you are pre-paying for supplementary insurance, you will not be refunded for any such premiums already paid, even if you have already filled out withdrawal paperwork.

### If the payment of insurance is difficult

- \* You can apply for exemption from contribution payments if you fulfill certain conditions specified by law, such as “Full or partial exemption (1/4-amount-exemption, half-amount-exemption, 3/4-amount-exemption periods).”
- \* If you are a student, you may be eligible for the “Special Payment System for Students”.
- \* If you are aged under 50, you may be eligible for “Contribution Postponement System”.
- \* The supplementary pension will be withdrawn once the exemption is approved.\* This granted periods count as qualifying | Basic Pension, however, the periods will not be reflected to the old-age benefit amount.  
 If you want these institutions, you will need to apply separately.

Reception Date
<input type="checkbox"/> Contribution <input type="checkbox"/> Include Additional

## **Discount amount by payment in advance**

Method of Payment	Payment Due/ Date of Account Transfer	Discount Amount by the Payment by Payment Slip	Discount Amount by the Account Transfer
2 Years Advance Payment	The last day of April	¥14,830	¥16,100
Annual Payment in Advance	The last day of April	¥3,520	¥4,150
6 Months Advance Payment	The last day of April/October	¥810 each	¥1,130 each
Payment of Present month	Last day of payment target date	—	¥50 each
Payment of following month	Last day of following month of payment target date	¥0	¥0

\* If the last day is a holiday of a financial institute, it will be the following operating day.

\* If you choose to pay using a form, a discount is available for the period from the filing month to the end of the fiscal year, or through the end of the following fiscal year (for fiscal year 2023, March of 2024, or March 2025), other than as noted above. For details regarding the procedures, make an enquiry at the Pension Office.

## **For New National Pension Program Enrollees**

Once an individual enrolls, the Ward/Pension Office will forward the **Basic Pension Number Notice** and **Payment Notice** to them in approximately 1-2 months.

### **For students**

There is a Special Payment System available for Students. If you wish to apply, **you must fill out the separate Student Special Payment System Application Form.**

Contact the National Pension Section at your local Municipal Office. Download the form from the Japan Pension Service Website.

## **To receive the pension**

For the national pension, by rule, the person has to join for 40 years from the age of 20 to 59.

Those who fulfill more than 10 years (120 months) of qualifying recipient period (\*) for Old-age Basic Pension usually receive it from the age of 65. In addition, to receive the Disability Basic Pension, you must meet a certain condition of payment which starts from the date of your first medical examination up to the day prior.

\* For the period for receiving qualification, it includes the payment period and exemption period of the national pension payment, joining period of employee pension (aid society), period as an assured person of a 3<sup>rd</sup> national pension and combined target period.

## **Lump-Sum Withdrawal Payments**

Foreign nationals on short-term visas who have paid six months or more of premiums into the National Pension Program leaving the country without having received any person payments may fill out paperwork to receive a refund on these payments. The individual must apply within two years of the date they no longer maintained an address in Japan. Contact the pension office for details.

## **Contact**

About this procedure, application of Additional Pension Plan and application of exemption  
**National Pension Section, National Health Insurance & National Pension Division, Setagaya City Hall, TEL.03-5432-2356**

About payment notices, account transfers and confirmation of the record of pension, and lump-sum withdrawal payments

**Japan Pension Service, Setagaya Pension Branch Office, TEL. 03-6805-6367**

**From May 8, 2023 TEL. 03-6805-6367**

General information about the Japanese pension institution

Japan Pension Service website <https://www.nenkin.go.jp/>

Top page>International>Pamphlets in Various Languages